

TRAINEESHIP SITES

Name of Agency: Appalachian Behavioral Healthcare System - Athens

Contact Person

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Summary of Training Experience: Appalachian Behavioral Healthcare System serves severely mentally ill patients who require inpatient psychiatric care. Typical diagnoses are schizophrenia, bipolar disorder and personality disorders (especially borderline and antisocial). Experiences offered include group therapy, individual therapy and assessment. Students learn to do mental status and diagnostic evaluations, and these evaluations may include psychological testing (e.g. MMPI-2, MCMI-III, Brief NeuroCognitive Exam).

Opportunities to work with diverse and specialized clientele: Patients are mainly drawn from rural southeastern Ohio. They range widely in age and socioeconomic status.

Options for Placements: 6 or 12 months

Name of Agency: Children's Hospital, Columbus

Contact Person

Name: Catherine Butz, Ph.D. or Eric Butter, Ph.D.

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Summary of Training Experience: Experiences can differ widely depending on the person one is assigned to and what the trainee is wanting out of the traineeship. Possible experiences include working in the clinic where they assess and treat MR/DD, autistic and pervasive developmental disorders. There would be a lot of assessment opportunities if one worked in this position. The other option would be a more general pediatric track where a trainee would work with children with a variety of medical issues (e.g. diabetes, headaches, etc.). There would also be a lot of assessment opportunities available in this position, as well as the opportunity to work in an outpatient clinic. If a trainee is available more than a few days each week, there is the possibility of being able to do some inpatient or research work as well.

Opportunities to work with diverse and specialized clientele: Youth come from a wide range of socioeconomic, racial and cultural backgrounds.

Options for Placements: Prefer to have a trainee for the whole year, although they are flexible

Name of Agency: Counseling and Psychological Services

Contact Person

Name: Susan Young, Ph.D.

Phone: (740) 593-1616

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Web Address: www.ohiou.edu/counseling

Summary of Training Experience: Counseling and Psychological Services is located on campus and provides a wide range of professional services to full-time enrolled students and the university community. Most clients are adults between the ages of 18 and 35. All individual and group therapy clients are enrolled college students at Ohio University. Trainees would have an opportunity to learn about and provide services in the following areas: individual psychotherapy; couples' counseling; group therapy; consultation to individuals, families, groups, or organizations; emergency services and consultation; crisis intervention; development, education, and outreach services. Trainees are provided with two hours of weekly individual supervision and a two-hour supervision/seminar that supports their development throughout the year. More emphasis is placed on client development and the provision of therapy in this setting and less emphasis on diagnostic assessment of clients, although trainees will have an opportunity to use clinical assessment tools.

Opportunities to work with diverse and specialized clientele: Diagnostically, clients are very diverse, presenting with a wide range of concerns. Trainees will have an opportunity to request and pursue specialized experiences (i.e.: eating disorders, special populations, alcohol and substance abuse, multicultural issues).

Options for Placements: 6 months plus 3 months of practicum

Name of Agency: Health Recovery Services

Contact Person

Name: Joe Gay, Ph.D, CCDC III-E

Phone: (740) 592-6720

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Web Address: <http://www.healthrecserv.org>

Summary of Training Experience:

Bassett House: A residential adolescent center in Athens for adolescents dealing with chemical dependency and often also mental health issues. Trainees may conduct individual therapy with clients, co-facilitate one or more counseling groups, and conduct intake assessment interviews. Opportunities exist for psychological testing, consultation with staff, in-house or community educational presentations, and brief informational programs or therapeutic interventions with clients' families. The traineeship can be a combined traineeship between Bassett House and the Rural Women's Recovery Program, depending on the interests of the trainee.

Athens Alternative Education Program: An alternative school for adolescents with mental health and chemical dependency issues. Work at this site is usually conducted in combination with work at one of the other placement sites, primarily Bassett House.

Rural Women's Recovery Program – A residential center in Athens for women dealing with chemical dependency. Many of these women also have significant emotional and psychological problems, and treatment addresses both types of issues. Trainee will conduct individual therapy with clients, co-facilitate one or more counseling groups, and conduct intake assessment interviews. Opportunities exist for consultation with staff, in-house or community educational presentations, and brief informational programs or therapeutic interventions with clients' families. The traineeship can be a combined traineeship between Bassett House and the Rural Women's Recovery Program, depending on the interests of the trainee.

Outpatient services (Athens, Logan & McArthur County offices): Outpatient mental health centers for chemical dependency and mental health disorders.

Opportunities to work with diverse and specialized clientele: Outpatient services and Athens Alternative Education Program serve primarily local Appalachian clients. Bassett House and Rural Women's Recovery Program serve a more culturally and racially diverse population.

Options for Placements: 6 or 12 months

Name of Agency: HeartWorks Cardiopulmonary Rehabilitation Program

Contact Person

Name: Mary de Groot, Ph.D.

Phone: (740) 593-1086

E-mail: degroot@ohio.edu

Web Address: N/A

Summary of Training Experience: The HeartWorks Cardiopulmonary Rehabilitation Program is a multidisciplinary state-of-the-art rehabilitation program designed for patients who have experienced a recent acute cardiac event and/or patients with clinically significant pulmonary disease. The program is located at O'Bleness Hospital in Athens. A student trainee will have the opportunity to work in the cardiac and pulmonary rehabilitation programs. In the cardiac rotation, trainees will be on site from 1-5 pm on Mondays, Wednesdays and Fridays. In the pulmonary rotation, trainees will be on site from 10-1 on Mondays. Trainees carry a caseload ranging from 15-25 patients and provide a range of **evidence-based intervention** services including: brief individual psychosocial assessment at the time of program intake and discharge; in vivo relaxation training classes; psychoeducational lectures on stress management; and individual brief psychotherapy interventions addressing a range of psychosocial issues. Trainees attend 1.5 hours of group supervision per week as well as an hour of monthly multidisciplinary team meetings.

Opportunities to work with diverse and specialized clientele: Patients of the HeartWorks program are community members representative of the southeastern Appalachian region. A spectrum of clients from various racial, age, socioeconomic, sexual orientation and cultural heritages are represented in this patient population.

Options for Placements: 7 month placements

Name of Agency: Integrated Service Systems

Contact Person

Name: Christopher Smitley (Chillicothe) or Kevin Gillespie (Athens)

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Summary of Training Experience: Integrated Service Systems serves youth and their families in Vinton, Ross, Lawrence and Hocking counties. Most of the youth are referrals that have experienced abuse/neglect and are in the child welfare system. Others are youth and families involved in the juvenile justice system. ISS provides a range of services including assessment, psychotherapy and home-based CSP Medicaid services. Of particular note is the development of a freestanding SBH unit in Ross County. This is a partnership with Virtual Community Schools, child welfare, juvenile court and ISS. This program is expected to serve 30+ youth in addition to the primary service populations.

Opportunities to work with diverse and specialized clientele: Patients are mainly drawn from rural southeastern Ohio.

Options for Placements: 6 or 12 months

Name of Agency: New Horizons Youth & Family Center

Contact Person

Name: Michael Ashton, Clinical Director

Phone: (740) 687-0835

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Web Address: <http://www.nhyfc.com>

Summary of Training Experience: New Horizons is a community mental health center in Lancaster that serves children aged 3+, adults, SED children, and SMD adults. Trainees have the opportunity to have counseling, case management and assessment experiences with both children and adults. There is also the opportunity to work in the school with an early intervention program and be involved with home-based services (counseling and case management) for both children and adults. There are presentations and workshops for training of staff, clients and caregivers of seniors. There are group therapy opportunities for certain groups, such as clients with dual diagnoses, depression, borderline personality disorder, women's issues and anger management. The Recovery Model is used as the treatment model for all clients.

Opportunities to work with diverse and specialized clientele: Clients are mainly drawn from rural southeastern Ohio.

Options for Placements: either 6 or 12 months

Name of Agency: O'Bleness Family Practice Clinic

Contact Person

Name: Mary de Groot, Ph.D.

Phone: (740) 593-1086

E-mail: degroot@ohio.edu

Web Address: N/A

Summary of Training Experience: The Health Psychology Service within the O'Bleness Family Practice Training Clinic provides graduate clinical psychology students with training using an integrated primary care psychology model within the O'Bleness Hospital Residency Training Program. The clinic is located at 44 W. Union St., Suite E, Athens, OH, approximately two miles from the Ohio University campus. Trainees are engaged in didactic primary care and health psychology training and provide direct service to the predominantly low-income family practice patient population. Direct services include consultation, brief assessment and individual evidence-based health psychology interventions including depression and anxiety management, stress management, adherence to medical regimens, weight management and chronic pain management. Trainees provide on-site services to 4 clinics per week (16 hours per week). In addition, they receive 2 hours of individual supervision per week. Currently post-doctoral training is also offered through the O'Bleness Family Practice Clinic creating a vertical team approach. The post-doctoral fellow provides direct service and supervision of pre-doctoral clinical psychology students 20 hours per week. In addition, the fellow receives 1.5 hours of supervision per week from Dr. Mary de Groot.

Opportunities to work with diverse and specialized clientele: Patients of the Health Psychology Service within the O'Bleness Family Practice clinic are community members representative of the southeastern Appalachian region. A spectrum of clients from various racial, age, socioeconomic, sexual orientation and cultural heritages are represented in this patient population.

Options for Placements: 6 month placements

Name of Agency: Ohio University Psychology and Social Work Clinic - Beginning & Advanced Assessment Traineeship

Contact Person

Name: Julie Suhr, Ph.D. (supervisor) or Kim Lassiter, Ph.D. (clinic director)

Phone: Dr. Suhr: (740) 593-1091 or Dr. Lassiter: (740) 593-0902

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Web Address: <http://www.psych.ohiou.edu/clinic.htm>

Summary of Training Experience: This traineeship is conducted at the Ohio University Psychology and Social Work Clinic in Porter Hall; the advanced assessment placement also includes work in the Geriatric Medicine Department at University Medical Associates. Most of the clients are university students and local community members from elementary school age through geriatric. The traineeship consists of almost all assessment experience, except for rare exceptions such as consultations with referring health care providers (physicians, psychologists, physical/speech therapists) and occasional opportunities to conduct neuropsychological rehabilitation on an outpatient basis.

Opportunities to work with diverse and specialized clientele: There is quite a lot of age diversity in clients and some racial diversity among the student population. Trainees will also get experience with people with learning disabilities, attention deficit disorder and chronic neurological and medical disorders.

Options for Placements: 6 months

Name of Agency: Washington County Community Mental Health Services (WCCMHS)

Contact Person

Name: Leah Jaquith, Ph.D.

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Web Address: N/A

Summary of Training Experience: WCCMHS is a full service community mental health center located 50 miles east of Athens in Marietta, OH. It serves children, adolescents and adults who are diagnosed with a wide range of emotional, psychological and behavioral challenges. In addition to the adult and child teams that provide a wide range of services, WCCMHS also provides crisis evaluations 24/7 at five sites: their home office, Marietta Memorial Hospital ER, Selby Hospital ER, Washington County Jail and Washington County Home. Trainees have the opportunity to provide individual psychotherapy, group therapy, diagnostic assessment and pre-screening for hospitalization. Examples of tests that may be given, especially for adult clients, are the Beck Depression Inventory, Beck Anxiety Inventory, the Symptom Assessment 45 Questionnaire, the Cognistat and the Kaufman Brief Intelligence Test. WCCMHS operates from a team approach framework and the Recovery model.

Opportunities to work with diverse and specialized clientele: Clients are mainly drawn from rural southeastern Ohio. They range widely in age and socioeconomic status.

Options for Placements: either 6 or 12 months

Name of Agency: Woodland Centers, Inc.

Contact Person

Name: David Tener

Phone: (740) 446-446-5500

E-mail: dtener@woodlandcenters.org

Web Address: N/A

Summary of Training Experience: Woodland Centers serves a wide range of clients in Pomeroy, Jackson and Gallipolis. Adults, children and families are seen for general community mental health work. Some of these clients are severely mentally disabled. There is also the opportunity to work with the schools. There are SBH classes for elementary and junior high aged children. There are also short- and long-term Alternative School Programs for high school aged adolescents. There are opportunities for diagnostic assessments of both adults and children. There is also a small short-term crisis unit which averages about 8 clients at a time with an average stay of 8-9 days.

Opportunities to work with diverse and specialized clientele: Clients are mainly drawn from the local Appalachian population.

Options for Placements: 6 or 12 months

Name of Agency: Y.E.S.S. Program School Placements

Contact Person

Name: Julie Owens, Ph.D.

Phone: (740) 593-1074

E-mail: owensj@ohio.edu

Web Address: www.yessprogram.com

Summary of Training Experience: The Y.E.S.S. Program is a school-based program designed to increase access to evidence-based services for children and families in Southeast Ohio who struggle with inattention and disruptive behavior problems. Specifically the program serves elementary school-aged children who are experiencing problems with inattention, hyperactivity/impulsivity, oppositional/defiant behavior or aggression that interferes with academic progress or social and emotional well being. Trainees conduct comprehensive assessments of children and their families, provide behavioral consultation to teachers, serve as a member of a multi-disciplinary team that coordinates evidence-based classroom interventions, provide individual parent support sessions, and provide individual child therapy. Trainees spend 15 hours per week on-site at an elementary school. The Y.E.S.S. Program services are available in Athens and Hocking Counties.

Opportunities to work with diverse and specialized clientele: Trainees will learn about children and families who are experiencing intergenerational poverty, and children and families who live in the Appalachian subculture.

Options for Placements: 12 months only: The traineeship occurs across 11 months. Training begins in late July, direct contact occurs across 9 months (academic year).
